

1-800-222-1222

Calling the poison center is...

- Fast
- Free
- Confidential
- Available 24/7
- More accurate than searching the internet

When calling the poison center be ready to provide:

- Symptoms
- Name and phone number
- Age and weight of the person
- Name of product and ingredients
- Amount of product involved
- Time of incident
- Any first aid measures already performed

Save Poison Help, 1-800-222-1222, as a contact in your mobile phone.

Stay Connected

www.mdpoison.com



What you need to know about First Aid for Poisoning

If a person is unconscious, having seizures, or having difficulty breathing, call 911 right away.

Call the Maryland Poison Center at 1-800-222-1222 after performing the following first aid.

Swallowed Poison:

- Gently wipe out the mouth and give a small amount of water.
- Do not make the person vomit by putting a finger in their throat or giving them a home remedy.



Poison on the Skin:

- Remove contaminated clothing and jewelry.
- Rinse the skin with lukewarm (not hot) water for 10 minutes.



Poison in the Eye:

- Flush the eye with lukewarm (not hot) water poured from a large glass two or three inches from the eye, or from the faucet or shower.
- Continue flushing the eye for 15 minutes.
- Have the person blink as much as possible while flushing the eye.
- Do not force the eyelid open.



Inhaled Poison:

- Immediately get the person to fresh air.
- Open doors and windows or turn on a fan in the area.



Pharmacists and nurses with specialized training in toxicology are available 24/7.