

1-800-222-1222

First Aid for Poisoning

Swallowed Poison:

- Gently wipe out mouth and give a small amount of water.
- Do not make the person vomit.
- Call the poison center.

Poison on the Skin:

- Remove contaminated clothing and jewelry.
- Rinse skin with lukewarm water for 10 minutes.
- Call the poison center.

Poison in the Eye:

- Flush the eye with lukewarm water from cup, faucet, or shower for 15 minutes.
- Do not force the eyelid open.
- Call the poison center.

Inhaled Poison:

- Get the person to fresh air.
- Open doors and windows.
- Call the poison center.

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www.mdpoison.com



What you need to know about Edibles

Marijuana, also known as cannabis, is a drug that has been around for centuries, but both the plant and how it is used continues to change with time. Cannabis includes many compounds, such as delta-9-tetrahydrocannabinol (THC) or cannabidiol (CBD). Consuming cannabis is currently popular, leading to a wide variety of edible products

Edibles can be in the form of baked goods (e.g. brownies, cookies), candy (e.g. gummies, chocolate), cooking oil, or beverages. Edibles can be homemade or purchased. In Maryland, CBD edibles can be bought at a store or online and THC edibles can be bought from a licensed dispensary.

General Information

- Read the label every time you use a product. Each product can contain a different amount of THC or CBD.
- Be mindful of the serving size noted on the label. There may be more than one serving in the package.
- Keep the product in its original labeled package at all times. Removing the label can cause someone to confuse the product for regular food and eat the cannabis containing product.
- Consuming cannabis takes more time to take effect in the body. This is because it absorbs through the digestive system. Effects can take 30 minutes or more to begin showing after consuming. The effects can be felt up to six hours after consuming.
 - Liquid products are absorbed by the body faster, possibly showing effects a little earlier.
- Cannabis can interact with other medicines you take.
- Cannabis can impair driving ability and increase the risk of car crashes.
- Pregnant and breastfeeding women should talk with their healthcare provider before consuming edibles.

Children

- Call the poison center right away if a child has consumed cannabis. Do not wait for symptoms to call. Cannabis affects children differently than it does adults.
- Symptoms of children exposed to cannabis include trouble walking or sitting up, sleepiness, and trouble breathing.
- Edibles can be easily mistaken for regular candy or desserts.
- Safe storage is the best way to prevent exposures in children. Keep edibles up, away, and out of sight.

If you or someone you know is experiencing unwanted or unexpected effects from cannabis, call the poison experts right away at 1-800-222-1222. We are ready to take your call 24/7/365.